

CATEGORY	Men	Women
BEN	60m, Lo <mark>ng Jum</mark> p, 4x60	60m, Shot Put, 4x60
PUP	60m, 10 <mark>00m,H</mark> ockey ball, 4x60	60m, 1000m, Discus, 4x60
MIN	80m,10 <mark>00m,</mark> Shot Put, 4x80	80m,1000m, High Jump, 4x80
WPA	100m, 200m,400m, 800m, Shot Put, High Jump	100m, 200m, 400m, 800m, Shot Put, Long Jump
AC	100 m, 4x1 00, 110, 1500, 200, 3000 steeple , 400, 4 x400 , 400h, Discus, javeli n, Pol e Vault , High Jump, Long Ju mp, Triple J ump	100, 4x100, 100h, 1500, 200, 3000 steeple, 400m, 400h, 800, Jave- lin, High Jump, Triple Jump















